

- 1 Meet outside Co-op on **Vicarage Lane** (WA14 3BE)
- 2 With Co-op behind you turn left onto **Vicarage Lane** and left again onto **Hall Rd**
- 3 Turn left onto **Hopkins Field**, and continue along. At the end of Hopkins Field you will see an alleyway, to the left
- 4 Follow the alleyway turning right at the junction and continue until you reach **Vale Road**
- 5 Cross straight over and follow Vale Road until you reach **Langham Road**
- 6 Turn left and cross Langham Road at the pedestrian crossings / traffic lights and then turn right on **Langham Rd**
- 7 Turn left onto **Richmond Road**
- 8 Turn left onto **Stamford Road** and cross the road via the zebra crossing
- 9 Continue on Stamford Road passed the Griffin and turn right onto **The Firs** when you reach the **Stamford pub**
- 10 Continue on The Firs
- 11 Cross Catherine Road onto **Cavendish Road**
- 12 Cross Cavendish Road outside Altrincham Grammar School for Girls on the zebra crossing
- 13 Turn left on Cavendish Road and turn right down **St Margarets Road** and right again down **Bowdon Road**
- 14 At the bottom of Bowdon Road cross over Woodville Road and enter **The Narrows**
- 15 Follow The Narrows until you reach **Norman's Place**
- 16 When at Regent Road, turn right and cross over New Street. At the zebra crossing cross **Regent Road**.
- 17 Turn left on Regent Road and then right into **Central Way** continuing until you reach the **Lower Market**

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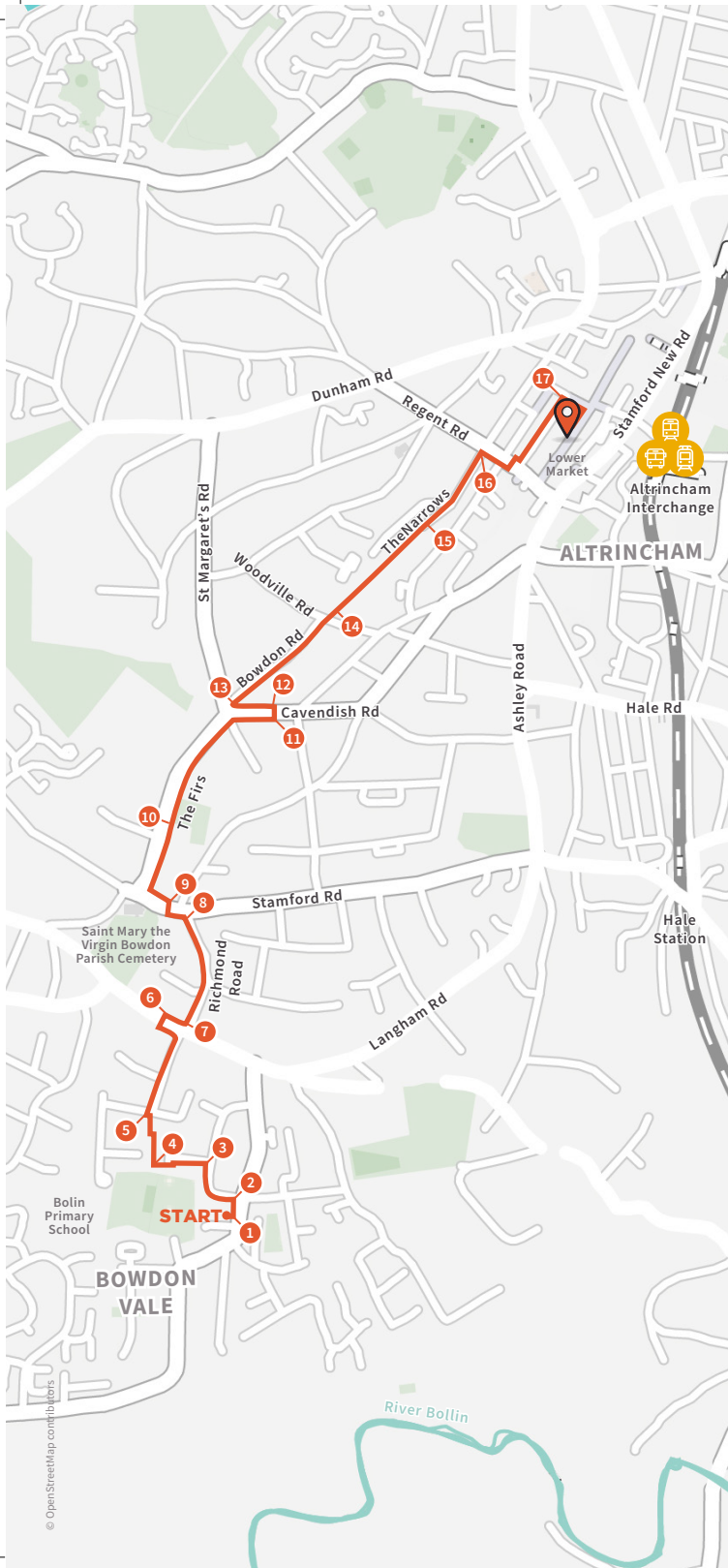
QUIET WAYS

Walking route to Altrincham

Why not join a walking group to Altrincham on **Saturday 14th September** to enjoy the OVO Energy Tour of Britain cycle race?

BOWDON VALE TO ALTRINCHAM

BOWDON VALE TO ALTRINCHAM



Altrincham is hosting the 'start' of the final stage of the OVO Energy Tour of Britain Cycle Race on Saturday 14th September.

A walking group will be leaving **Bowdon Vale at 08:30** to walk on a 'Quietway' to Altrincham.

- Each walking group will be accompanied by a trained walk leader
- All participants walk at their own risk and will be asked to sign a disclaimer form
- Guardians are responsible for children in their care at all times
- Wear weather appropriate clothing and footwear
- When crossing roads please take extra care and only cross when safe to do so
- If you must leave the group prior to arriving in Altrincham please let the walk leader know
- Please bring drinking water with you
- All participants must be comfortable walking **approximately 2 miles**
- Approximate walk time **30 minutes**

There will be a jam packed day of entertainment in the town!

You can then make your own way back on foot or by the **287 circular bus** route to Bowdon Vale (More info: tfgm.com)

For more information visit:

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